

# CPRI Clinical Symposium 2025

Complex Child and Youth Mental Health: Recent Developments, Resiliency, and Psychosocial Interventions

**NOVEMBER 25, 2025 | VIRTUAL MEETING**

## REGISTRATION IS NOW OPEN

Join us at the biennial CPRI Clinical Symposium! This virtual event is intended for clinicians, researchers, academics, medical and allied health professionals, educators, and learners. Explore the following themes:

- **Recent Developments on Complex Child and Youth Mental Health**
- **Fostering Resiliency Through Evidence-Based Psychosocial Interventions**

### For RCPSC (MOC Section 1):

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 4.00 hours (credits are automatically calculated). Each participant should claim only those hours of credit that they actually spent participating in the educational program.

**Reserve your spot today!**

**REGISTER HERE**

(OR SCAN THE QR CODE)



## T I C K E T P R I C E S

Caregivers and Learners:

All Day Pass - \$40 CAD

Clinicians, Researchers, and Professionals:

All Day Pass - \$80 CAD

### WITH INVITED PLENARY LECTURES FROM:



Dr. Terry Bennett



Dr. Peter Jaffe

Video-recorded speaker content will be viewable for 90-days post event!

### SYMPOSIUM LEARNING OBJECTIVES:

- Interpret the concept and practical application of “evidence-based interventions,” highlighting their strengths through critical appraisal
- Articulate the level of evidence supporting mental health interventions across inpatient/live-in treatment, outpatient, and classroom settings
- Inspect the balance between treatment fidelity and practical constraints, while demonstrating strategies for busy clinicians to learn new psychosocial interventions and build resilience

For more information about the symposium, visit:

<https://vocpri.ca/cpri-clinical-symposium/>

To learn more about CPRI and our work, visit:

[Child and Parent Resource Institute \(CPRI\) | ontario.ca](https://www.ontario.ca)

We look forward to seeing you on November 25, 2025!

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Complex Child and Youth Mental Health:  
Recent Developments, Resiliency, and Psychosocial Interventions

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TIME	SPEAKERS & TOPICS
9:00 – 10:00	<ul style="list-style-type: none"> <li>• <b>AM Plenary Speaker</b> <ul style="list-style-type: none"> <li>◦ Dr. Terry Bennett</li> <li>◦ <i>Addressing Emotional Dysregulation in Neurodivergent Children and Teens: Parsing Complexity Through a Developmental-Ecological Lens</i></li> </ul> </li> </ul>
10:25 – 11:25	<ul style="list-style-type: none"> <li>• <b>AM Workshop (Room 1)</b> <ul style="list-style-type: none"> <li>◦ Dr. Michelle Ponti</li> <li>◦ <i>Screen Use and Infant Mental Health</i></li> </ul> </li> <li>• <b>AM Workshop (Room 2)</b> <ul style="list-style-type: none"> <li>◦ Dr. Kristina Kastelanac</li> <li>◦ <i>The Child and You: Experiencing Resilience using Polyvagal Theory Informed Modalities</i></li> </ul> </li> <li>• <b>AM Workshop (Room 3)</b> <ul style="list-style-type: none"> <li>◦ Sarena Daljeet</li> <li>◦ <i>Dyadic Emotion-Focused Therapy for Youth and Caregivers</i></li> </ul> </li> </ul>
12:30 – 1:30	<ul style="list-style-type: none"> <li>• <b>PM Plenary Speaker</b> <ul style="list-style-type: none"> <li>◦ Dr. Peter Jaffe</li> <li>◦ <i>Children Exposed to Domestic Violence</i></li> </ul> </li> </ul>
1:55 – 2:55	<ul style="list-style-type: none"> <li>• <b>PM Workshop (Room 1)</b> <ul style="list-style-type: none"> <li>◦ Dr. Genevieve Monaghan</li> <li>◦ <i>Co-morbid PTSD and Eating Disorders in Youth – Considerations for Individual Treatment and Parental Involvement</i></li> </ul> </li> <li>• <b>PM Workshop (Room 2)</b> <ul style="list-style-type: none"> <li>◦ Dr. Karys Peterson-Katz</li> <li>◦ <i>Establishing Community Systems of Care: The Infant and Early Mental Health Care Pathways Initiative</i></li> </ul> </li> <li>• <b>PM Workshop (Room 3)</b> <ul style="list-style-type: none"> <li>◦ Dr. Kerry Boyd and Arianna Alati</li> <li>◦ <i>Fostering Therapeutic Encounters: INTERVIEW with CARE</i></li> </ul> </li> </ul>

Speakers, speaker topics, and speaker time slots are tentative and subject to change without notice. Check our website for the latest full version of this agenda: <https://vocpri.ca/cpri-clinical-symposium/>. All times are posted in Eastern Standard Time (EST).