

CPRI Research Symposium

Optimizing Treatments and Environments for Complex Child and Youth Mental Health and Development

June 16, 2026

8:30 – 9:00	Sign-in virtually via Zoom (online) or acquire name tags and SWAG (in-person) <ul style="list-style-type: none">· Test your technology virtually· Coffee, tea, water, and light continental breakfast in-person
9:00 – 9:30	Hosts <ul style="list-style-type: none">· Overview of the day – land acknowledgement, technology, COI readings, agenda, and community meeting· Introduce the morning plenary speaker
9:30 – 10:30	Morning plenary speaker <ul style="list-style-type: none">• Dr. Celia Robichaud – Less is More (More or Less): Navigating the Nuances of Medication Initiation, Dosing, and Deprescribing for Youth
10:30 – 10:45	Break <ul style="list-style-type: none">· Coffee, tea, water, and light continental breakfast in-person
10:45 – 10:50	Hosts <ul style="list-style-type: none">· Introduce workshop panel speakers
10:50 – 11:50	Morning workshop panel speakers <p><i>Tailoring Dose, Duration, and Frequency for Therapeutic Interventions</i></p> <ul style="list-style-type: none">• Dr. Ajit Ninan – Sharing Knowledge Grounded in Practice for Safely Deprescribing Psychotropic Medication• Leticia Toro – Beyond the Child: Elevating Parent Mental Health in Developmental Care• Dr. Katelyn Bryant – Psychosocial Intervention for Children with Selective Mutism: Considering Dose, Duration, and Frequency of Treatment
11:50 – 12:50	Lunch <ul style="list-style-type: none">· Coffee, tea, and water in-person· Piping Kettle's <i>Hearty Lunch Box</i> in-person: turkey (no restrictions), ham (no restrictions), gluten-free, vegan, or vegetarian
12:05 – 12:50	Research posters available in-person <ul style="list-style-type: none">• Deena Gohar – A Systematic Review Evaluating the Use of an Orexin Receptor Antagonist (Lemborexant) for Neurodevelopmental Disorders in a Paediatric Population• Bindu Cherian – Adapting Constraint-Induced Movement Therapy for Young Children: A Culturally Responsive Case Study

	<ul style="list-style-type: none"> • Syeda Taliya Rizvi – Early Identification of Maladaptive Daydreaming and Intensive Imagery Movements in Children: Evaluating New Screening Tools and Psychosocial Outcomes • Sarah Colacitti & Sara Della Rovere – Empowering Caregivers Through Agile Care: “De-escalating Challenging Behaviour” Hybrid Training for Families and Caregivers • Dr. Kim Arbeau & Tom Ketelaars – Developing and Evaluating a Trauma-Informed Care Framework for a Tertiary Children’s Service Agency • Tom Ketelaars, Dr. Kim Arbeau, & Melissa Currie – Impacts of a Trauma Informed Approach on Systems and Policy • Dr. Michelle Ponti – Impact of Child Screen Use on Child Functioning Including Behaviours Resembling Autism Traits: A Review of the Literature • Melissa Currie, Dr. Kim Arbeau, & Tom Ketelaars – When Times Get Tough: Staff Experiences of a Trauma Informed Culture in Challenging Times • Nathaniel Lamain & Meghann Lloyd – The Developmental Benefits of Active Play for Children with Autism Spectrum Disorder (ASD) • Sowmya Kadaveru – SKY Breath Medication as a Complementary Clinical Practice in Child and Youth Mental Health
12:50 – 1:00	<p style="text-align: center;">Hosts</p> <ul style="list-style-type: none"> · Introduce the afternoon plenary speaker
1:00 – 2:00	<p style="text-align: center;">Afternoon plenary speaker</p> <ul style="list-style-type: none"> • Karleigh Darnay – Youth Wellness Hubs Ontario: A Youth Mental Health and Substance Use Learning Health System
2:00 – 2:15	<p style="text-align: center;">Break</p> <ul style="list-style-type: none"> · Coffee, tea, water, and candy in-person
2:15 – 2:20	<p style="text-align: center;">Hosts</p> <ul style="list-style-type: none"> · Introduce workshop panel speakers
2:20 – 3:20	<p style="text-align: center;">Afternoon workshop panel speakers</p> <p style="text-align: center;"><i>Designing Healthy and Supportive Spaces in a Technological Age</i></p> <ul style="list-style-type: none"> • Jessie Jones & Sascha Maurer – Recreation as Regulation: Designing Therapeutic Environments Beyond Clinical Walls • Moira Pena & Jaden Chong – Supporting Access to Healthcare Spaces for Autistic Children and Youth: A Systems-Level, Autism-Affirming Approach • Lara Dagamseh – “Why Would This Happen?” Trauma-Informed Psychospiritual Care to Improve Clinical Precision and Support Systems for Complex Youth
3:20 – 3:30	<p style="text-align: center;">Hosts</p> <ul style="list-style-type: none"> · Winner announcement: Student Award of Excellence – Research Poster Presentation

25% of this program is dedicated to participant interaction

For RCPSC (MOC Section 1)

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 4.00 hours (credits are automatically calculated).

Each participant should claim only those hours of credit that they actually spent participating in the educational program.